

Grief Literacy Program Kit

Kindred Grief Care

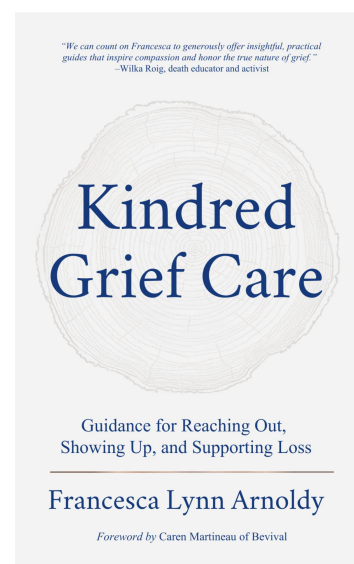
Libraries are places where people come to learn, connect, reflect, and access support during every stage of life.

They are also spaces people turn to during difficult times—seeking understanding, information, comfort, and connection. Yet grief remains one of the least openly discussed human experiences. Many people want to support bereaved friends, family members, coworkers, and neighbors, but feel unsure of what to say or do.

Libraries are uniquely positioned to help change this.

Kindred Grief Care is a guidebook for community-based support, informed by direct work, research, and education.

It offers grounded, useful information for understanding loss and care approaches centered on presence and compassion.





Overview

The **Grief Literacy Program Kit** provides everything needed to host meaningful book-based discussions and create a grief literacy resource area for ongoing public use.

This initiative helps communities grow their confidence and fluency around loss while creating welcoming spaces for compassionate conversations and connection.



Kit Contents

1. A comprehensive book discussion guide, including event preparation tips, invitational language, facilitation support strategies, and reflective discussion prompts.
2. A bulk order of *Kindred Grief Care* paperbacks and/or eBooks.
3. Master copies of handouts: Compassionate Condolences, Practical Offerings, and Grief Visits.
4. Optional: A virtual workshop (“The Language and Listening of Loss”) with the author to deepen learning.



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