# Grief Literacy for Volunteer Programs

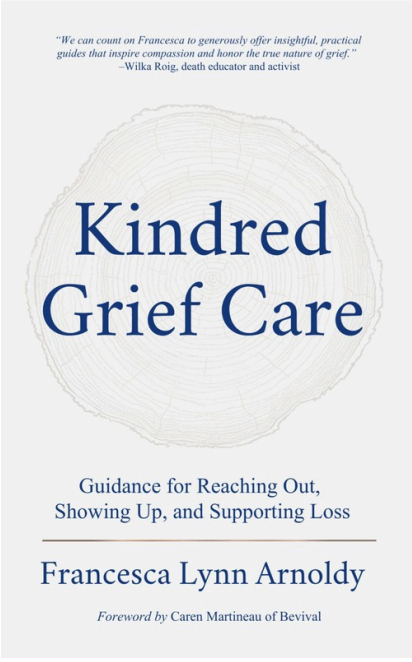
The Community Grief Literacy Project

Organizations that rely on skillful volunteers—whether in hospice, aging services, or community care—are built on relationships. Volunteers become trusted companions to those navigating illness, aging, and life transitions.

Yet when loss and grief come into the picture, even the most caring volunteers can feel unsure or nervous. Those grieving may feel overwhelmed and isolated, and those offering care may not know what to say or do. With the right support and guidance, these moments can become opportunities for connection rather than uncertainty.

*Kindred Grief Care* is a guidebook for community bereavement support, informed by direct work, education, and research.

It offers grounded, useful information for understanding loss and care approaches centered on presence and compassion.



## Overview

The Grief Literacy Program Kit provides everything needed to lead meaningful bereavement care training and build a resource library for ongoing use. Ideal for onboarding as well as continuing education for volunteers (and staff).

This toolkit will help team members draw together to deepen their knowledge as well as grow their confidence and skills.

## Kit Contents

1. A comprehensive training guide, including preparation tips, invitational language, facilitation support strategies, and reflective discussion prompts.
2. A bulk order of *Kindred Grief Care* paperbacks and/or eBooks.
3. Master copies of handouts: Compassionate Condolences, Practical Offerings, and Grief Visits.
4. Optional add-on: A virtual workshop (“The Language and Listening of Loss”) with the author to deepen learning.

## Contact Info & Program Details

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