Workplace Grief Literacy

The Community Grief Literacy Project

Helping organizations respond to loss with understanding and confidence.

Grief reaches every workplace. Employees may be navigating the death of someone they love, serious illness, caregiving responsibilities, anticipatory loss, or another significant life transition (in or outside of the office). These experiences affect individuals and teams.

The Workplace Grief Literacy Program gives employees, managers, and HR professionals practical knowledge, communication skills, and resources for responding thoughtfully when loss enters the workplace.

THREE WAYS TO WORK TOGETHER

1) **GRIEF-LITERATE:** Company-Wide Training — Packages starting at $750

A live, interactive training that builds shared language, understanding, and confidence around grief and loss.

Includes:

- Company-wide virtual training
- *Kindred Grief Care* guidebooks
- Handouts and additional resources

2) **GRIEF-READY:** Training + Implementation Support — Packages starting at $1,250

Everything in Grief-Literate, plus support for translating learning into workplace practice.

Includes:

- Planning conversations with HR and/or leadership
- Practical implementation packet
- Follow-up conversations for integration
- Email support for implementation questions

3) **GRIEF-SUPPORTED:** Training + Implementation + Grief Care Circle — $2,500+

Everything in Grief-Ready, plus a six-week facilitated virtual Grief Care Circle for employees seeking additional information and skills for navigating and supporting loss.

Includes:

- Six weekly, 60-minute sessions
- Up to 35 participants
- Trauma-sensitive, research-informed facilitation
- Guided discussions shaped by weekly themes and participant questions
- Clear group agreements and confidentiality expectations
- Connection to additional resources when needed

Mission-based pricing is available for qualifying nonprofits, community organizations, and grassroots groups with limited resources.

Meet Your Facilitator

Francesca Lynn Arnoldy is a community doula specializing in birth, death, and loss since 2009, a published researcher with the Vermont Conversation Lab, and the author of multiple books on grief. Her research-backed methodology bridges compassionate care with real-world applications.

Let's Build a Supportive Workplace Culture Together

Schedule a complimentary 15-minute conversation to share what you're navigating and explore what might be useful for your organization.

Community Grief Literacy
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